



*"Shooting for Brighter Futures"*

## December 27<sup>th</sup> to 30<sup>th</sup> 2015, Wilmington, Delaware Team Profile

**Head Coach's Name:** Joe Whalen

**School Name:** St. Rose High School

**Nickname:** Purple Roses

**City:** Belmar

**State:** NJ - New Jersey

**Team Record:** 32-2

### **About Us:**

SAINT ROSE GIRLS BASKETBALL TEAM PROFILE

2014-2015 St. Rose Girls Basketball Highlights:

Final record 32 wins 2 losses

Non- Public B State Champions (Back to Back)

Shore Conference Finalist

TOC Finalist (first time in school history)

End of Season Ranked # 2 in New Jersey (Newark Star Ledger)

Ranked # 2 in Tri State (MSG Varsity)



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Ranked # 33 in the country (USA Today)

At St. Rose our players are expected to perform at a level of perfection that will at first seem unrealistic, unfair, and unreasonable. We push the limits of each player's performance to reach levels such that despite experiencing fatigue, frustration, and the feeling they can't continue... they will ultimately dominate the competition. Last year we were more of a soloist type team. We didn't have many instruments play too loudly. This year we are very comfortable playing as an orchestra. The 2014-15 St. Rose girls basketball team understands the importance of competition, because we do it every day in practice. We understand that there's not a trip up and down the floor where we're not trying to do the correct thing. We stay in the moment at practice, which then translates into the games. One of our goals is to make practice more difficult than games.

(Sr.) Kayla Dillenger (Captain): Kayla is a terrific



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leader that has the ability to make those around her better. Last year Kayla was a steady consistent player that came to practice each day with a strong work ethic and positive attitude. Last year Kayla played in 20 games scoring 27 points, making 4 threes, 35 rebounds, and 15 assists.

(Jr.) Ellyn Stoll (Captain): Good players can take coaching, great players can take coaching and learn. Ellyn is a perfect example of this. Ellyn can score in a number of different ways and her decision making is remarkable. Ellyn started all 34 games last year contributing a total of 177 points. Ellyn made 36 threes, grabbed 71 rebounds, and dished out 101 assists. Ellyn was named to the All Division Second Team.

(Jr.) Jen Louro (Captain): We always say that good players know their strengths and weaknesses. Great players know their opponent's strengths and weaknesses too. Jen is a perfect example of this. Last



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year Jen was asked to guard the other team's best player night in and night out. Among these challenges, Jen found herself guarding two McDonald's All Americans and two Gatorade Players of the Year. Jen started all 34 games while scoring 157 points, had 36 steals, made 10 threes, and grabbed 123 rebounds. Jen made the All-Freshman/Sophomore All State Team and was named Second Team All Division.

(Jr.) Alex Pendergrass: Alex is an excellent rim runner with tremendous athleticism. Alex is a tremendous talent who can rebound, block shots, and defend. Alex's greatest contribution to the team is her toughness and fearless play. Alex is explosive and competes on every play. Last year Alex gave us quality minutes off the bench while raising the energy level every day in practice. Alex played in 16 games with 60 points, 2 threes made, 70 rebounds, and 8 steals.



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(Soph.) Elizabeth "Lovin" Marsicano: As a freshman last year Lovin came in and became a starter from day one. Lovin will make us difficult to guard because she can play inside and out and can defend multiple positions. Lovin started in all 34 games last year while scoring 185 points, made five threes, and grabbed 220 rebounds. Lovin made NJ. Com's All Freshman/Sophomore All State Team and was named First Team All Division.

(Soph.) Mikayla Markham: Mikayla is a smart, instinctive point guard that can play at any tempo. Mikayla is extremely quick and can get into the lane and finish at the rim. Mikayla is also a tenacious on-ball defender. Last year Mikayla played in all 34 games and scored 109 points; none being bigger than the two foul shots against LUHI, and the late three against SJV. Mikayla also made 18 threes, snared 96 rebounds, and dished out 101 assists.

(Soph.) Danielle Jordan: Danielle has a great skill set



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featuring strong shooting and the ability to get to the rim. We will need her scoring this year to replace the graduating seniors. Danielle played in 16 games with 66 points, seven threes, and 40 rebounds.

(Soph.) Lucy Thomas: Lucy is a tremendous scorer and rebounder. Lucy rebounds out of her area, runs the floor extremely well, and has remarkable post moves. The main thing Lucy brings to the table is that she is a big-time scorer who takes pride in her rebounding. As a freshman Lucy averaged 17 points and 11 rebounds. Lucy was named First Team All Division and NJ Freshman of the Year.

(Fr.) Lauren Lithgow: We are excited to have Lauren as a new member of the Purple Roses. Lauren averaged 23pts. a game as an eighth grader at FAS in West Long Branch. Lauren holds the school record in both most points scored in a game (33pts.) and for most points scored in a season. Lauren also garnered Team MVP and League MVP honors while being



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named to the Run for the Roses All-Tournament Team.

(Fr.) Maggie Stapleton: Another major addition to the St. Rose team, Maggie led her grammar school team, St. Catherine of Spring Lake, to a record of 46-2. Maggie averaged in double points and rebounds. Maggie's team won the prestigious Run for the Roses, The Hoop Group Tournament of Champions, St. Clement Holiday Classic, the MOCPBL division, and the MCAL Public League.

(Soph.) Ariana Dalia: Ariana will bring experience with her from last season playing as a freshman in Varsity games during the Shore Conference and State Tournament. She was a starter for the St. Rose Junior Varsity last year that finished 19-1 on the season. Ariana has versatility to play inside or outside on the perimeter, but her rebounding and inside game should prove to be instrumental in helping out our post players this season.



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(Fr.) Annie Mako: The Purple Roses welcome Annie Mako to the team. Annie is a hard working guard that challenges our upper classmen in practice every day. As an eighth grader, Annie was an instrumental component of the St. Catherine's 46-2 impressive grammar school final record, which included championship in the Run for the Roses, The Hoop Group Tournament of Champions, St. Clement Holiday Classic, the MOC PBL division, and the MCAL Public League.